



Rediscovering Birth



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Sheila Kitzinger

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Einband: Gebundene Ausgabe

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If there is one name synonymous with birth and everything associated with it, from pregnancy to motherhood, it is that of social anthropologist Sheila Kitzinger. Her 40 years of experience in this field come together masterfully in her latest offering. *Rediscovering Childbirth* presents a fascinating account of pregnancy and birth garnered from every corner of the earth, and beginning from the earliest ancient recordings. As if Kitzinger's account does not make for compelling reading, stunning visuals are practically worthy of a book in their own right. Kitzinger has been a controversial spokesperson on the subject of medical versus natural birth, arguing that birth is now reduced to a medical event: "The modern medical system brought care out of the bedroom and into the clinic. Care was no longer part of the intimate relationship between a woman and her midwife, but a series of repeated investigations administered by the medical system that often took place in public". While this might seem like an extreme, dogmatic argument, it is in fact a thought-provoking cross-cultural account. Kitzinger's greatest skill lies in steering the reader through her encyclopaedic knowledge, essentially probing us to ask questions and ponder whether we might learn from other cultures. Essential reading for absolutely every woman. --Lorna V. Pressestimmen

As Britain's premier earth mother she, more than anyone, has been responsible for a more natural approach to childbirth MAIL ON SUNDAY What is so good about Sheila Kitzinger's books is not just her easy style and elegant use of words, but also the freshness of her approach. Open-minded, unshockable, non-judgemental, solid as a rock in her own integrity NEW GENERATION (the National Childbirth Trust) She explores the subject from a historical and worldwide perspective... thought-provoking, and a change from the usual pregnancy-textbook subjects of antenatal tests, common complaints and birth choices. PREGNANCY & BIRTH Kurzbeschreibung

In her new book, REDISCOVERING BIRTH, Sheila Kitzinger explores the universal experience of pregnancy and childbirth and looks closely at feelings and behaviour in pregnancy, the physical and spiritual experience of giving birth, the role of the midwife, the bonds that are traditionally formed between mothers and midwives and ideas about birth in many different cultures. Sensitively illustrated throughout, REDISCOVERING BIRTH is a reliable source of information and guidance for pregnant women, anyone who is thinking of having a baby, and students of the interaction between all those involved with birth. Sheila's principle aim is to enable women and their partners to make informed choices about how they want to live through their own unique experiences of birth and parenthood.

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